Resilience MythBusters:
What Actually Works



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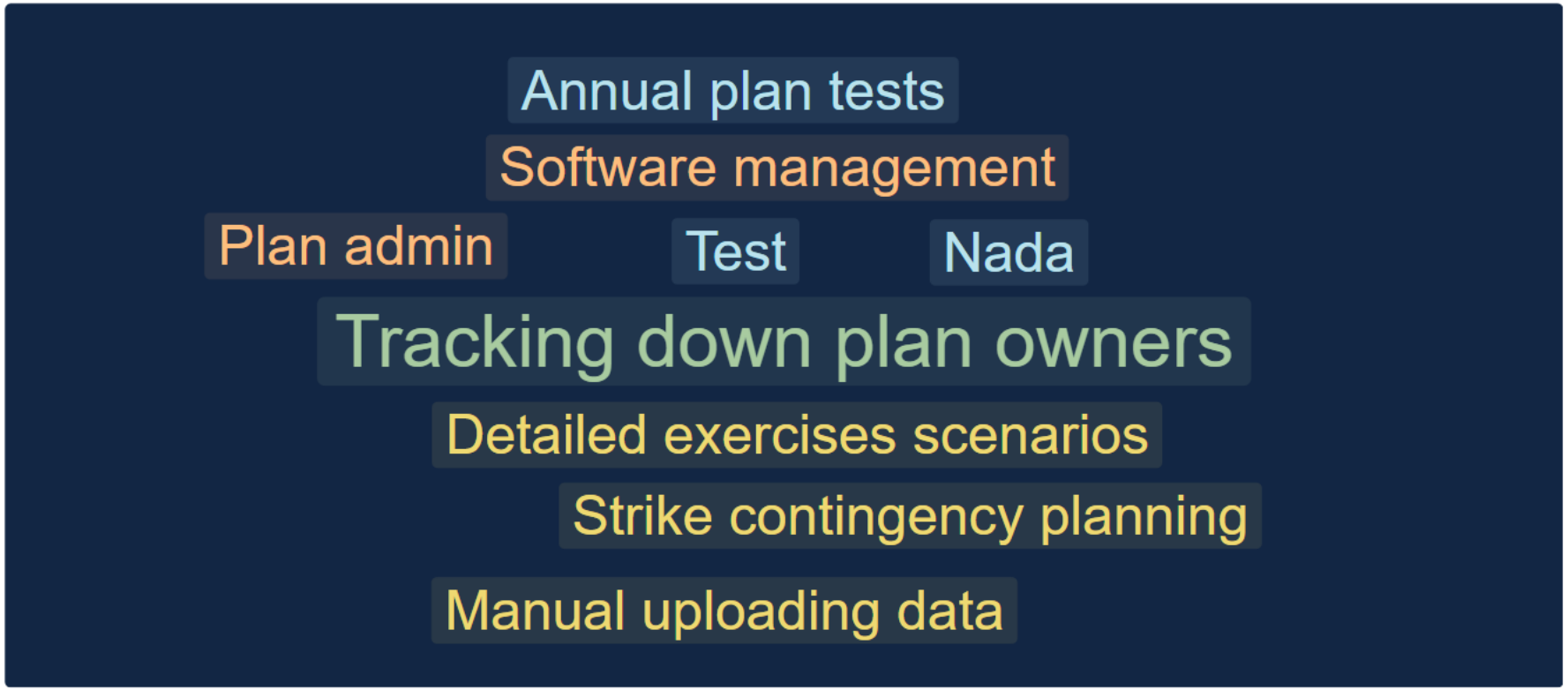
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Agenda



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If you could eliminate one activity from your program tomorrow, what would it be?



17 total participants | 10 answers

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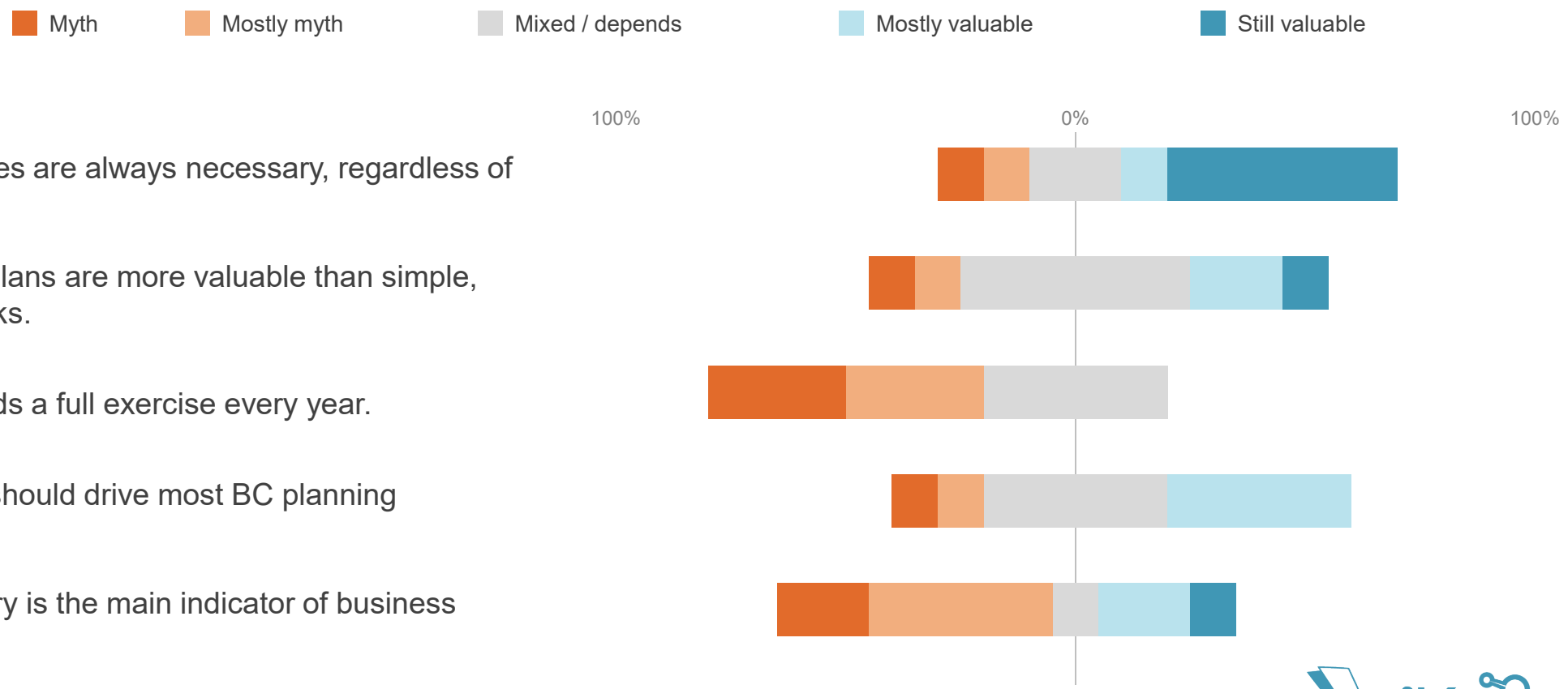


Challenging Common Resilience Assumptions

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What Our Consultants Say

How would you classify these common BC beliefs or practices?



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Assumption #1

More documentation = Better preparedness

DOCUMENTATION THAT HELPS

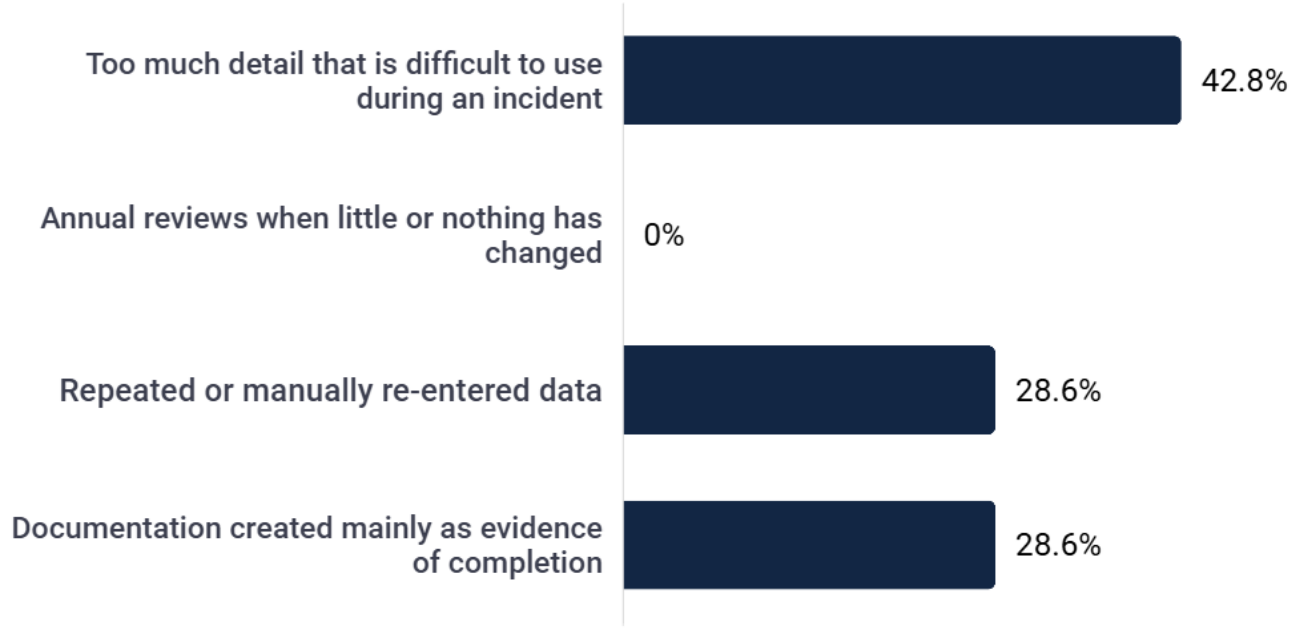
- Concise
- Action-oriented
- Easy for anyone to use
- Supports decisions

DOCUMENTATION THAT OVERWHELMS

- Overly detailed
- Repetitive
- Dependent on experienced leaders
- Maintained primarily for compliance

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Which planning burden creates the most friction?



16 total participants | 14 votes

1 / 1

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Assumption #2

Every plan needs the same annual review and exercise cycle.



High Criticality / High Change	**Frequent** Review | Exercise | Validate
Moderate Criticality / Some Change	**Periodic** Review | Targeted Exercise
Lower Criticality / Stable	**Risk-based** Review when conditions warrant

Measure What Matters

- Critical decisions tested
- Dependencies validated
- Weaknesses identified
- Recovery capability improved

Discussion:



Which plans or processes truly need an annual exercise, and what evidence would justify a longer, risk-based cadence for the rest?

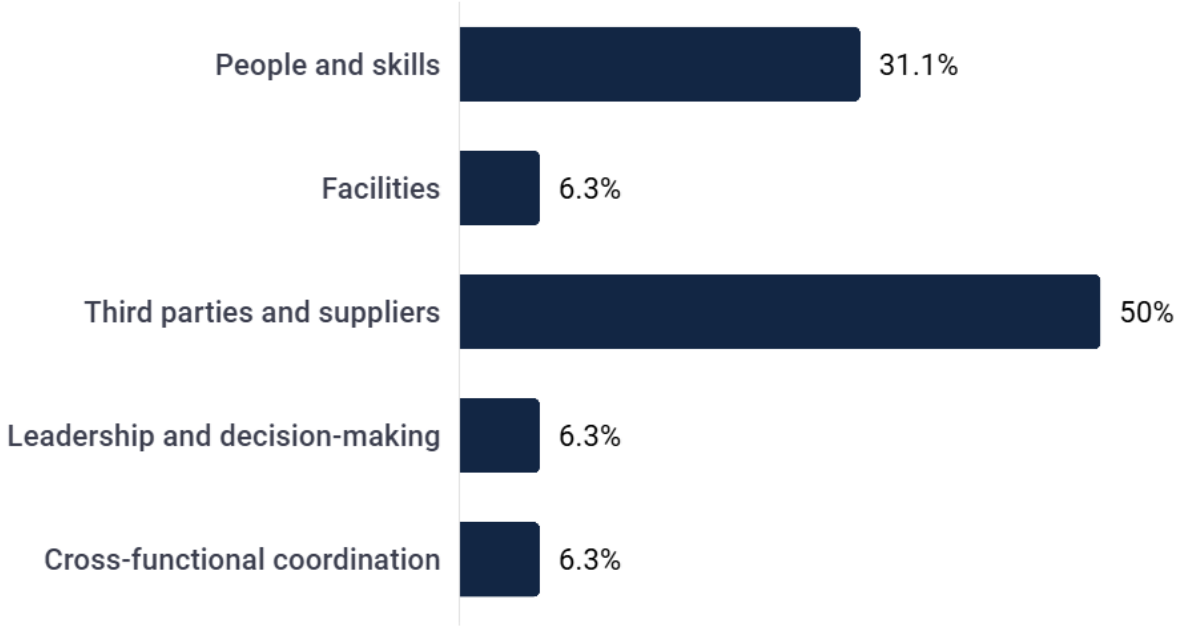
Assumption #3

Technology recovery is the main indicator of resilience.



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Which non-technology dependency creates the greatest resilience risk in your organization?



17 total participants | 16 votes

1 / 1

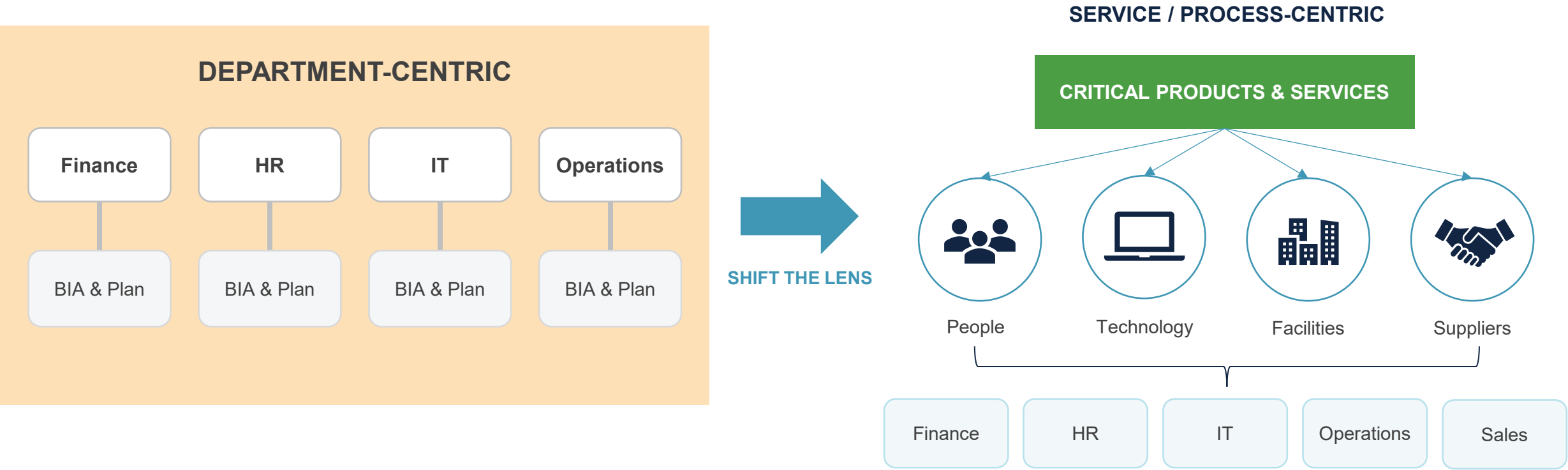
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Assumption #4

Every department needs its own BIA and continuity plan.



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Discussion:



Would organizing your program around critical products, services, or processes reveal dependencies that department-based plans miss?

What would be hardest to change?

Program Audit



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Table Activity

- **Step 1 – Your own audit (5 minutes):** Work individually. For each activity, mark whether it is required, rate its value and effort, then choose an action.
- **Step 2 – Table decision (remaining time):** Compare results and agree as a table on what to start, simplify, and stop, plus a brief note on what should change.

Use your own program requirements and experience, there are no universal right answers.

Discussion:



What surprised your table, and what is the first change you would make?



What High-Performing Programs Do Differently

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Four Principles to Consider

1

Measure outcomes, not activity

Value validated workarounds, decision speed, and dependency visibility over counts of completed plans.

2

Reduce friction

Simpler documentation, automated data movement, reviews tied to material change, and reuse of data other teams own.

3

Invest where decisions happen

Leadership, crisis teams, and critical service owners; sessions that require a decision or assign an action.

4

Challenge one practice a year

Keep an inherited practice only if it clearly improves the ability to prepare, respond, or recover.

Your Action Card

Stop	Strengthen	Start
One activity I'll reconsider.	One capability worth investing in.	One new practice to improve resilience.

Three questions to take back to work:

- Does this activity improve our ability to recover, or just demonstrate that we did something?
- If we stopped doing this tomorrow, what would actually happen?
- If we had 20% less time next year, where would we choose to invest it?

QUESTIONS

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THANK YOU
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